1:Sanders Z-5.4 (1952-1959) 1962 EH1 Greece EH1

[P.191]
[P.190 is blank]

X

Mutual Aid and Cooperatives in Rural Greece

The Greek village provides many evidences of mutual aid, although the Greeks are not renowned for their cooperative tendencies. Indeed, those commenting on Greek national character usually state that the Greeks cooperate only in a crisis. If there is no crisis at hand, they have to make one in order to get the job done. This view is partially correct, since some examples of mutual aid respond directly to a sense of urgency, while others follow traditional patterns at a leisurely pace. For instance, a group of potato diggers near Neochori were brought together to meet a sudden need.

476
181

A Potato-digging Group near Thebes

It was March 28, 1953. We had turned off the main highway between Thebes and Athens and were headed eastward along a secondary road in search of some villagers whose relatives in California had insisted that we carry their greetings in person. Before we had found the right village, we noticed more than forty people busily harvesting potatoes in a nearby field. We stopped the car, walked into the field, and were greeted by Yannes P. Katseles, the owner, who lives in Neochori, the village just up the way. The men were digging the potatoes; the women were picking them up and cleaning them; and a commission merchant standing on his truck was

244
476
[123]
[462]

1:Sanders Z-54 (1952-1959) 1962 EH1 Greece EH1

[Potato-digging near Thebes]

244 476 [462] directing his four helpers in sorting and sacking them. We were much less interested in what happened to the potatoes than in the means whereby forty people were gathered together at one time to help with the task at hand. We asked Yannes a number of questions:

"What do you call this kind of group?"

"We speak of it as *daneike ergassia* [borrowed work]. I received word that the commission merchant from Thebes would buy my potatoes if I had them ready by tonight. I have about an acre which I had not yet harvested, but this was too much to handle with just my immediate family. So I had to get others to help me. Last night my wife went around to the women and said, 'Tomorrow I'm going to pull potatoes. Will you come and help me?' I asked some of my relatives who live near me and a few close friends."

"What do you have to pay these people?"

"Usually we repay the others by working for them when they need help. One of us — my wife, daughter, or myself — will go help them with their potatoes when they have to harvest them. We keep a pretty good record of what we owe to others and what they owe to us. Five or six of the men [465] working here do not have any potato fields so I agreed to pay them wages. They are particularly good at helping the commission merchant sort and sack the potatoes."

244 466 476 [123] [539] [126] Such a crowd gathered around us while we asked these questions that we saw we were interrupting proceedings. So we strolled around to see how the men did the digging and learned that they worked under the close supervision of the owner. This fact reminded me of the Greek proverb, "The owner's eye is manure to the field." In fact, as the men dug, they moved in a long row across the field with the result that any laggard would soon be noticeably behind the rest. The villagers joked a great deal as we took pictures and asked about the length of the work day. The workers had come to the field about eight in the morning and would remain until the job was done, with the "estimated time of departure" set by the owner at about four or five o'clock.

[262] [785] The highlight of a day spent in such a work group is the food that is served to the workers about ten o'clock. Since the people were supposedly observing the Lenten fast, Yannes served a bean stew, candylike halvas, olives, fish, and wine. If they had not been fasting, they might have had cheese and eggs. Yannes insisted that they would only on rare occasions serve meat since they do not even eat that at home more than twice a month. But the workers, when asked about the food, said that it had been good and plentiful. "In fact," one man volunteered, "when Yannes invites us, we all say that we'll eat well today." Further inquiry showed that nobody ever turned down an invitation to a work group simply because he expected the food to be poor, but he would do so on other grounds, such as

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

244 ●
466
476
[262]

being busily involved in some work project of his own. At two o'clock Yannes planned to serve olives, onions, and bread with plenty of red resinated wine.

We could not stay much longer with the potato diggers, for we still had to carry our greetings to the village farther on. But a few days later I did return to Neochori and went to Yannes' home to find out who had been invited and why. In some ways this visit proved even more interesting than the sojourn in the potato field. The men were all away from the house; so Yannes' wife invited us into the square room which served as the center of family life. We sat around a table and began to list the twenty-five men and the eighteen women who had been a part of the mutual-aid group. Soon we saw neighboring women peering at us through the open window; then they moved on around to the door where they could hear better what we were talking about. News of our arrival must have spread like magic, for before we completed our list the room was full of women — some sitting on the beds along the wall, but several standing in order to observe more minutely everything that was going on. It was out of the question to interview the wife confidentially about why she invited some women and not others. As a matter of fact, two or three women had already taken it upon themselves to answer every question put to Yannes' wife, so that she was simply nodding in assent to what they said.

124
244
476

In no time at all, with the help of the most vocal members of the group, we had listed the relationship of each potato worker to Yannes and his wife. A later count of this information showed that, after we excluded Yannes, the commission merchant, and his one helper from outside, only six of the twenty-two remaining men were unrelated to Yannes. Each of these six persons was a neighbor. Of the seventeen women invited (excluding Yannes' wife), all but four were related to Yannes, but four were neighbors. Thus it was evident that family considerations and neighboring played a significant part, even to the point that some relatives who were not good workers were invited "because they were relatives." In other words, family values rather than economic values, such as efficiency, came into play.

244
476
602
621
[124]

We had noted that many of the women in the potato field were in their late teens or early twenties and found that they were preferred to the middle-aged women who are, of course, not excluded. Perhaps the younger ones have stronger backs and have no grounds for refusing if their father or husband tells them to go and help. Although a man is preferred for this kind of work, there would be no ill feeling if Yannes repaid some man who helped him by sending one of the women in his household. "We don't keep such close count that such a substitution bothers us" was the way one woman reacted.

244
476
[562]

In the course of our crowded group interview we learned that women

[578]

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

244 476 578 issuing invitations usually avoid other women with whom they have had a recent quarrel, although they do not hesitate to invite two women on good terms with the hostess but not on good terms with each other. These women can usually stay far enough apart in such a large group that they do not have to associate with each other or air their differences. Men are said to be less inclined to let previous disagreements affect their invitations, even inviting those with whom they may have sharp differences. Their main concern is to get the job done. Just the same, they rely chiefly upon relatives and neighbors. The women in Yannes' living room all agreed that there was no one in the village who had the reputation for not paying back the work that others had contributed, which shows the seriousness with which this obligation is assumed and discharged.

124 But no interview in a Greek village is a one-sided affair. The visitor has to answer questions if he has asked them. Never have I heard questions fly quicker and faster than on this visit to Neochori when the women sensed that I had finished my inquiry about potato diggers. My interpreter was quizzed about her life in Athens, where she got her clothes, how she had learned to drive a car, and about members of her family. I was asked about my income in America, what kind of kitchen my wife had, and about many details which she could have answered much better than I if she had been able to accompany us up from Athens on that particular afternoon. This [181] occasion showed that when the Greek villagers began to express themselves on their home ground, in a familiar setting, they stood out as inquisitive, interesting personalities who shared many of the same concerns as fellow human beings in other countries despite their noticeable differences of dress, speech, and other cultural manifestations.

000 In driving back to Athens we had to pass the same potato field which had been the cause of this excursion. I thought at the time that a study, at a later date, of changes in the mutual-aid groups would tell much about changes in Greek life in general. Will mechanization eliminate the necessity of group harvesting? Will economic considerations so rule a later day that Yannes will invite only efficient workers from throughout the village, or will he continue to use relatives and neighbors because of his close social bonds with them?

Traditional Patterns of Mutual Aid

476 539 Throughout rural Greece one finds many examples of mutual aid. Even proverbs attest to the value of cooperation: "bean by bean the bag is filled"; "many streams make up the river"; "many stones knock down the walnut."Union in strength is stressed as well: "where there are many, God's blessing"; "where there are many, many riches"; "the many are the ones who will take Constantinople."

It is understood, too, that each party will live up to his end of the bar-

2: Friedl E-5 (1955-1959) EH1 Greece EH1
Vasilika

at a cost of eight percent of the amount of the wheat threshed. This machine leaves the straw in suitable condition for a baler which is hired next to press the straw into bales for food for the horses, mules, and donkeys.

The harvesting machinery is privately owned by entrepreneurs in the towns. Simple threshers have been known and used on the Boeotian plain for a generation at least. The combine has appeared only since World War II and the hay baler only since the early 1950's. What accounts for the increasing willingness of the farmers to pay for machine operations on their wheat crop? Unquestionably, the growing efficiency of cotton production and the success of cotton and tobacco as cash crops enable the farmers to concentrate their labor and attention on cotton and tobacco production and to let the growing cash value of the crops make up for the loss of a certain percentage of the wheat crop. However, chemical fertilizers and weed killers have increased the wheat yields, and since payment for machine harvesting is in kind and not in cash, the entire transaction can be managed at what to the farmers is a minimal cost.

A household uses its own wheat for making its bread, and bread is still literally the staff of life, the basic food for the people of the village. Wheat is also used for a kind of cereal called *trakhana* and for egg noodles. It is given as payment to the shepherds, whose wives turn the wheat income into their families' bread supply. It continues to be used as an alternative medium of exchange for fish, olive oil, olives, coffee, and other household necessities not locally produced. As we have seen, the wheat straw is useful for the care of animals, and finally, in an emergency, some wheat can always be sold for cash.

A typical farmer of Vasilika reserves four or five *stremata* of his land for oats, barley, and clover. These furnish food for the pack animals not only during the winter, but also in the early summer when the animals are permitted to graze in the oat and clover fields as the crops mature. A small corner of a grain field may be used for lentils and beans, which add to the household's food supply.

The crops which most interest the farmers of Vasilika today are cotton and tobacco. Because of the dry summers in Boeotia cotton production in the region depends on irrigation. The high water-table makes well-pump irrigation feasible. This system is also suited to the patterns of the rural social structure since it requires no centralized control or authority—each farmer household can dig its own well and work its own pump for its own fields. Any man who has not yet purchased a pump can hire the use of one owned by a farmer with adjacent fields.

Cotton became a significant cash crop for Vasilika around 1936 when one of the farmers who had heard about horse-driven well-pumps set one up for himself and the other farmers soon followed suit. Since World War II, British-manufactured diesel pumps bought on the installment plan with credit extended from the Agricultural Bank have replaced the horse-drawn equipment. Diesel pumps, like the tractors, may be rented by the day and the renter pays for fuel also. The market for the use of the pump goes beyond the village itself

2: Friedl E-5 (1955-1959) #3 EH1 Greece EH1
Vasilika

night. In October, the dried tobacco is pressed into bales by machines the farmers have for the purpose, and is then ready for sale.

A farmer can get 720 *okadhes* of tobacco from 6 *stremata* of land, and if he succeeds in selling the entire crop at 30 drachmas an *oka,* he receives the equivalent of $720. This is a very good income, indeed, especially when it is added to that derived from cotton.

Vasilika farmers are obviously in need of some capitalization to finance what have become considerable investments necessary for producing their wheat, cotton, and tobacco. Whether or not the farmers' savings would be adequate to finance their crops, the fact is that Vasilika farmers do not want to use their accumulated savings to invest in their own farms. Cash drachma savings are exchanged for gold English sovereigns or French or Italian specie, which accumulations are then set aside for the dowries of the girls of the family or to pay for the education of a son. The only notable exception to this use of savings is that the farmer who becomes wealthy enough to feel that his obligations to his children are taken care of may buy land if the opportunity presents itself. At the same time that the farmer does not want to spend savings on the current production of his crops, he is eager for an increased cash income to secure the future of his children. Increased cash income is possible only through investment in his farm. How does he get out of the dilemma? He willingly accepts credit from the Agricultural Bank of Greece. In addition, farmers accept from the bank the needed seed, artificial fertilizers, and chemical weed killers and insect sprays. March is the month in which the loans are made by the bank, so that the farmers always receive their money before Easter. Both the manager of the Agricultural Bank in Levadhia and we were aware of the fact that some of the money was used for Easter finery and Easter feasting. We had the impression that the farmers considered the loan as cash income to be spent as they wished. The repayments of principle and interest due in October were viewed by the farmers *as something like* an additional expense or tax chargeable against current income from the produce, and in this sense, not as expenditure of savings.

Miscellaneous Crops

Each household maintains a small kitchen garden near the cotton fields. This location permits the farmers to irrigate and to tend to the garden at the same time they work with the cotton. Both men and women work in the gardens to raise tomatoes, eggplant, cucumbers, squash, and melons of various kinds, but only to the extent necessary for immediate consumption by the household and its hired farm labor through the growing season. No effort is made to produce surplus for canning or for any other kind of home processing. Besides the summer vegetable gardens, in the early spring, the women of a few households fence off a rectangular area near the houses and plant spring onions, lettuce, spinach, and a type of lima bean called *kukya.* The wire or reed fenc-

2:Friedl E-5 (1955-1959)1963 EH1 Greece EH1
Vasilika

ing keeps out both animal and human thieves. These small plots are not carefully tended and their produce is consumed in a few weeks.

Some mention of the most important vegetable food for the villagers may be included: the wild greens (*khorta*) that grow at the edges of the fields and on the hillside. Collecting the greens, which entails finding, recognizing, and cutting them close to the ground with a small knife, is another task of the women and young girls. Some greens are available all year round and children can collect them when the women are busy. However, on occasion, even men and boys will gather a few on their way home from the fields. *Khorta* are not served every day by any means, but they are a fairly common article of diet.

Some fruit trees are cultivated on the village lands. One farmer has as many as ten apricot trees in his cotton fields, but most have a cherry tree or two in the vineyard, perhaps several fig and peach trees in the wheat fields, and an occasional pear, quince, pomegranate, and mulberry tree on some other holdings. The fruits are eaten as they ripen, except that the women prepare from some of them the sweet preserves which are a necessary adjunct of village hospitality. Homemade *gliko kutalyu* (sweet jam) usually lasts through to midwinter, but after that, the villagers buy what they need.

Home canning or other food preservation, therefore, is not a significant addition to the annual locally produced food supply in Vasilika. Even the recognized need for more fruit preserves has not impelled the women to try to convince their husbands to increase the size of orchards. Tomato paste is an important condiment in village cooking, but again, the farming households buy the commercially canned paste, and the women do not prepare any themselves, although, as we have seen, they raise some tomatoes.

Government agricultural extension agents made an effort in 1954 to convince the young girls to can pears and plums as part of a competition. The government recommended fruit canning to the rural women for several reasons: to improve the winter diet without additional cost, and to encourage the increased cultivation of fruit trees as one means of improving drainage on the land. But there has been no increase in canning or in fruit production, and by 1959, even the prize certificates, which had been displayed on a wall of the *saloni* of the house in 1955 and had drawn our attention to the campaign, had disappeared. When asked, the farmers say they could not adequately guard so many trees and the ripe fruit might be stolen. "Why should our family raise fruit for others to eat?" they said. They shrug their shoulders at the soil drainage argument.

The effect of planting fruit trees is, of course, not immediately visible, nor could an eventual improvement in drainage, if it did occur, be an obvious demonstration of the efficacy of orchards, for the cause-and-effect relationships between the two might be obscured, for the farmers, by all the other variables which affect drainage. The reluctance to embark on long-range improvements which are backed by abstract scientific knowledge not directly observable in the farmer's own experience is in direct contrast to his willingness to try short-range experiments the results of which are easily and immediately demonstrable. Indeed, in 1955, the school teacher was criticized for having the school children

2: Friedl E-5 (1955-1959) 963 EH1 Greece EH1
Vasilika

help in the care of fruit trees that the provincial government had arranged to plant on the highway near the village.

The farmers are willing to try some variations if they can use the techniques they know and understand. Cotton prices had been low in 1958. In 1959, therefore, about four or five of Vasilika's farmers planted some of their cotton lands as melon patches, intending to sell the produce in Levadhia or in Athens. By 1961, they had gone back to raising cotton, because the experiment had failed. One of Vasilika's farmers prefers to use his irrigated land as a truck farm, and he and his son sell the produce in the surrounding villages. He argues that with a vegetable crop the cash returns are faster and he incurs fewer debts.

Livestock

Each of the farm-owning households also maintains some animals. One or two horses, a mule or a donkey, some five to twenty sheep, and one or two goats constitute the range of livestock ownership for each household. The horses, as we have seen, pull the plow and the cultivators in the fields. Together with the mules and donkeys, they also serve as pack animals. The pack saddle of wood and leather is of a design that has remained virtually unchanged from Homeric times. It is used not only for carrying loads, but also for carrying people who ride sidesaddle among the paths, through the fields, and between the villages. Sidesaddle is the normal riding position for both men and women, but in the spring, when the horses are let out to pasture on the hillside, the young men of the village sometimes ride them home bareback, astride, galloping and whooping in what they call *kaonboi* fashion.

The villagers do not give their animals individual names, and they take no particular care to keep them physically comfortable. They will hitch them in the shade of a tree in the fields if that is possible, but the farmers may not remove the saddles for an entire day. The animals are beaten with switches and kicked to make them work, and children are permitted to tease donkeys. Nevertheless, the villagers occasionally pat one of their beasts and sometimes encourage children to kiss the ears of a horse and to feed it a lump of sugar.

Sheep, except for the lambs, are cared for by the shepherds. Of a hardy mountain breed capable of surviving the rigors of Greek pasturage and climate, the sheep as milk and wool producers augment the food supply and sometimes the cash of the farmers. Sheep milk is rarely drunk in liquid form, but yoghurt and cheese are prepared from it. The white cheese is a staple of the villagers' diet. They eat yoghurt less frequently and prepare it only as a special dish in milk season.

The villagers raise a special lamb each year to slaughter at Easter, but otherwise rarely eat lamb or mutton. They will consume a sheep that dies of age or disease, and they slaughter sheep for some special occasion such as a wedding, or someone's name day. At shearing time, wool is boiled in large kettles, washed in the river, sent to town for carding, and then dyed and spun into thread at home by the women.

241

/52 cont./

Stable & straw room built	6,000
Opened a well	3,000
Deposit in the savings bank	2,000
Total	46,160 = $262

511
[435]

From the above accounts we find that the largest single item of income is from wheat, which comprises over 60% of the whole income. This shows the importance of the crop not only for market but for the family consumption. Even in the expense accounts wheat used for /53/ bread is one of the largest items. Next to wheat come the animal products and the animals. One can easily see that the basic diet of the farmers is bread. 840 okes, or 2362.80 pounds of wheat makes 3544.20 lbs. of bread for four persons a year or 886.05 lbs of bread per person per year or 2.5 lbs. of bread daily per person. This is not the highest, but a little below the average.

511
[262]

In the expense account we find clothing and building construction the largest expense items. The 6,227 drs. are spent, in a year, for clothing the family. This is above the average. Usually the clothing bill runs low, depending on the amount of cloth mothers can weave. Even though a large part of the cloth is produced in the village still the yarn has to be bought from the market.

[286]
[438]

Next to this the largest cash bill is that of the doctors. This fluctuates from year to year, depending on the intensity and extensiveness of malaria and other diseases.

[164]

The vegetable crop is another item that needs some explanation. The farmer produced only 15% of his vegetable consumption. Lack of knowledge of vegetable growing forces him to this extra expense. The soil and climate are suitable for him to raise enough varieties /54/ of vegetables the year around. This is proved by the fact that the vegetables he buys are produced locally by specialized vegetable gardeners.

511
241
244
438
433